

NAME _____

DATE _____

REVIEW OF SYSTEMS

Please ✓ (tick) if you have the condition now, or an E if you've ever had it.

GENERAL

- allergy
- chills
- convulsions
- dizziness
- fainting
- fatigue
- fever
- migraine
- Headache
- loss of sleep
- nervousness
- depression
- neuralgia
- memory loss
- sweats
- Tremors
- spinal curvature
- Sudden massive head pain
- Pain waking at night
- Unexplained weight change
- Diabetes
- Sciatica

MUSCLES & JOINTS

- arthritis
- bursitis
- foot problems
- hernia
- jaw problems
- leg cramps
- low back pain
- neck pain
- neck stiffness
- pain between shoulders
- pins and needles in arms
- pins and needles in legs
- swelling joints

PAIN OR NUMBNESS IN-

- shoulders
- arms
- elbows
- hands
- hips
- legs
- knees
- feet

- tail bone (coccyx)

RESPIRATORY

- asthma
- chest infection
- chest pain
- chronic cough
- difficulty breathing
- spitting blood
- spitting phlegm
- wheezing

CARDIOVASCULAR

- hardening of the arteries
- high blood pressure
- low blood pressure
- chest pain
- poor circulation
- rapid heart beat
- swelling ankles

GASTROINTESTINAL

- belching or gas
- bloating of abdomen
- colitis
- colon problems
- constipation
- diarrhoea
- indigestion
- excessive hunger
- gall bladder problems
- haemorrhoids
- jaundice
- liver problems
- nausea
- stomach pain
- poor appetite
- vomiting
- vomiting blood

GENITO-URINARY

- bed wetting
- blood in urine
- frequent urination
- loss of bladder control
- kidney infection
- kidney stones
- painful urination

- prostate trouble
- pus in urine

SKIN

- boils
- bruise easily
- dryness
- allergy
- itching
- rash
- varicose veins

E.E.N.T

- frequent colds
- crossed eyes
- deafness
- earache
- ear discharge
- ear noises or tinnitus
- enlarged glands
- enlarged thyroid
- eye pain
- visual disturbances
- gum problems
- hay fever
- hoarseness
- nasal obstruction

FEMALE

- breast lumps
- congested breasts
- hot flashes
- menopausal problems
- abdominal cramps
- irregular menstrual cycle
- painful menses
- excessive menstrual flow
- vaginal discharge
- miscarriage
- Infertility
- Hormone replacement
- incontinence

Please sign below:
